

Mountain Bears Democratic Club March 2019

NEWSLETTER

Election Year 2018



Mountain Bears Democratic Club was founded in 2004. We are located in the San Bernardino Mountains of Southern California. We hope to do our part to inform and educate the public and bring newcomers to the party by registering new Democrats. The Democratic Party believes that the American Dream should be within the reach of all people. We welcome and encourage people from all walks of life to join us in discussion and debate regardless of one's political affiliations.

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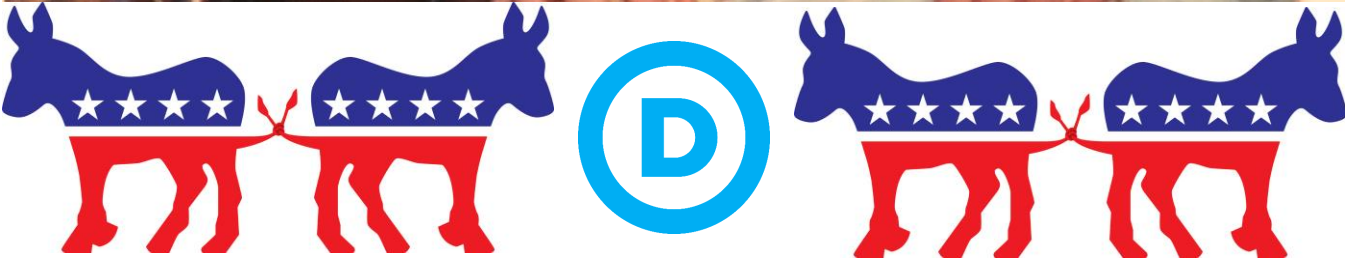


NEXT MEETING

Our next club meeting will be on Tuesday, April 23rd, at 7:00 pm in the Alpine Escrow conference room in Blue Jay.

The Glen Thompson Memorial Scholarship

Our club officers have reached out to Rim High School to continue the Glen Thompson Memorial Scholarship next year. **WE NEED A COMMITTEE** to carry on this wonderful way of honoring Glen and helping a worthy student and our community. **PLEASE** consider volunteering for this committee!



Community Sources of Information

Our Chamber of Commerce web page: <https://www.lakearrowheadchamber.com>

Arrowhead Lake Association web page: <https://www.ala-ca.org>

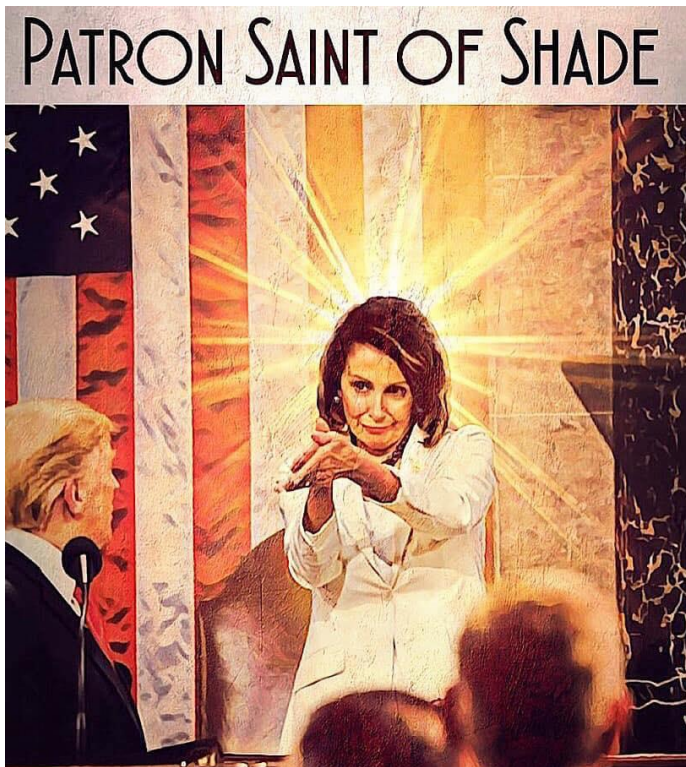
Local media:

- Mountain News newspaper: <http://www.mountain-news.com>
- Alpine Mountaineer newspaper: <https://thealpinemountaineer.com>
- Mountain Reporter digital newspaper: <http://mountainreporter.com>
- Lake Arrowhead News: <https://www.lakearrowheadnews.com>
- Lake Arrowhead 'Official Site': <http://www.lakearrowhead.com>

Our Club's Online Presence

Our webpage: <https://mountainbearsdemocrats.org>

Our Facebook page: <https://www.facebook.com/Mountain-Bears-Democratic-Club-1464298517118574>



Health Issues

Substance Abuse & Suicides: EPIDEMICS in America

Alcohol and drug abuse are among the leading risk factors for suicide. People with substance use disorders may experience hopelessness and suicidal thoughts, but treatment for addiction has helped people find purpose and happiness in life.

Here is one online resource for information and help if you know someone in need: <https://www.drugrehab.com>

Here's a webpage for the five day allergy forecast for Lake Arrowhead:

<https://www.pollen.com/forecast/extended/pollen/92352>

Check out our state's Department of Public Health's webpage at:

<https://www.cdph.ca.gov>

...and an interesting site about many health issues in our state is:

<http://www.calhealthreport.org/category/publichealth>

Did you know that our state has a wellness foundation? Here's the website:

<https://www.calwellness.org>

One more health related site for our great state:

<https://californiahealthline.org>

Whether you check the weather or not, here's a darn good site to get the current weather as well as a 10 day forecast. Enter YOUR community for the most accurate data: <https://www.wunderground.com>

There is no substitute for professional medical care. Our primary care physician is our number one go to person for our health needs. On the other hand, here is an interesting site for health related stuff: <https://www.webmd.com>

Web MD lets you learn more about prescription and OTC drugs at:

<https://www.webmd.com/drugs/2/index>

Web MD offers tips on living healthy at:

<https://www.webmd.com/living-healthy>

National Politics

Housing Choice Voucher Mobility Demonstration Act would encourage families to relocate to better-off areas

Should families receiving government assistance for housing be encouraged to move to more well-off neighborhoods?

<https://govtrackinsider.com/housing-choice-voucher-mobility-demonstration-act-would-encourage-families-to-relocate-to-89960567d8cd>

Robo COP Act would ban political robo-calls if you sign up for the FTC's "do not call" list

The Robo COP Act would ban political robocalls to any number listed on the FTC's Do Not Call Registry.

<https://govtrackinsider.com/robo-cop-act-would-ban-political-robo-calls-if-you-sign-up-for-the-ftcs-do-not-call-list-22fd91209d4c>

ARTICLE ONE Act would end president-declared national emergencies after 30 days unless approved by Congress

Should national emergencies, like the one President Trump just declared at the Mexican border, only be in effect for one month unless approved by Congress?

<https://govtrackinsider.com/article-one-act-would-end-president-declared-national-emergencies-after-30-days-unless-approved-by-7e70a24ce2a3>

Straight Talk From L.A. Vets to Trump

Regardless of their politics, some Los Angeles veterans wish President Trump would leave the late Sen. John McCain alone.

https://www.latimes.com/newsletters/la-me-todays-headlines-20190320-story.html?utm_source=Today%27s+Headlines&utm_campaign=7ea17c1511-EMAIL_CAMPAIGN_2016_12_12_COPY_01&utm_medium=email&utm_term=0_b04355194f-7ea17c1511-83687269

The forest was shrinking, but
the trees kept voting for the
axe because its handle was
made of wood and they
thought it was one of the them.

State Politics

Balanced Billing in California: Update Regarding 2016's A.B. 72 and an Overview of Newly Introduced Bill A.B. 1611

Balanced billing or “surprise billing” has been getting increased attention at both the federal and state level. Balance bills arise when a payor covers out-of-network care, but the provider bills the patient for amounts beyond what the payor covers and beyond cost-sharing amounts.

https://www.natlawreview.com/article/balanced-billing-california-update-regarding-2016-s-ab-72-and-overview-newly?fbclid=IwAR1oKdiren7EgE6Jc0qitpn0TUlumUFwh073NnUPRkxPJB_rua0B9IOH9Lw

The Impending California Consumer Protection Act: The Law's Scope, Applicability, and Potential Impact

The California Consumer Protection Act (“CCPA”) becomes effective January 1, 2020. The CCPA will impose burdensome, GDPR-like transparency and individual rights requirements on almost every company that handles “personal information” regarding California residents, including employees.

https://www.natlawreview.com/article/impending-california-consumer-protection-act-law-s-scope-applicability-and-potential?fbclid=IwAR0KJYIBsRAk0u17wYRbjwild2M-0sVWI3PLpd1_UjfBOIQLe5dP6JIDFKM

Newsom to declare California wildfire emergency. Here are some details on his plan

Gov. Gavin Newsom plans to declare a state of emergency in California and waive environmental regulations to expedite nearly three dozen local forest management projects to protect communities from the deadly wildfires that have decimated communities up and down the state.

<https://www.latimes.com/politics/la-pol-ca-gavin-newsom-wildfire-20190322-story.html?fbclid=IwAR0IxnM3EpNqisCsSp-Dqk25wg3mXc0-N-galS8Byle7aeHzZCBgxOm8LN8>

Devin Nunes sues a sassy cow on Twitter & she gains a herd of followers

Criticism, even unfair or vile criticism, is a small price to pay for the honor of being a congressman.

<https://www.latimes.com/local/abccarian/la-me-abccarian-nunes-20190322-htmlstory.html?fbclid=IwAR0OgWCMQWHkdbVO7QXkIKP2X6oPpM24wPGPbCyOBxOFviYUdtJ7DIcsiQg>

Club Needs

- Guest Speaker suggestions**

We are always hunting for speakers who can “inform and educate the public and bring newcomers to the party”. That’s our mission as a Club, after all.

If you know of a speaker or topic that would be of interest to Club members, don’t hesitate to suggest it!

Contact Mickey Laws, (760) 567-6159

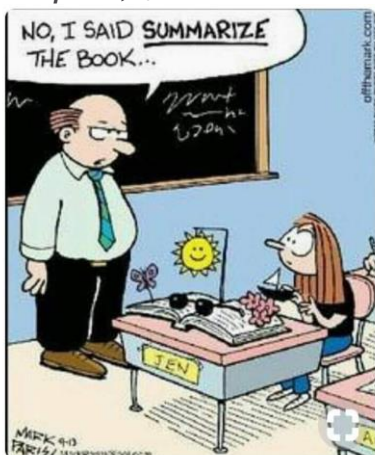
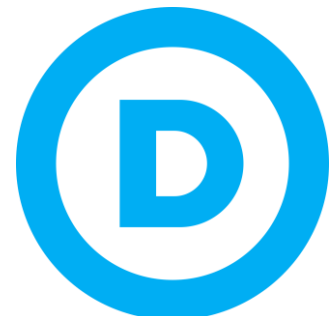


Fiscal Year (Jan 1 to Dec 31)

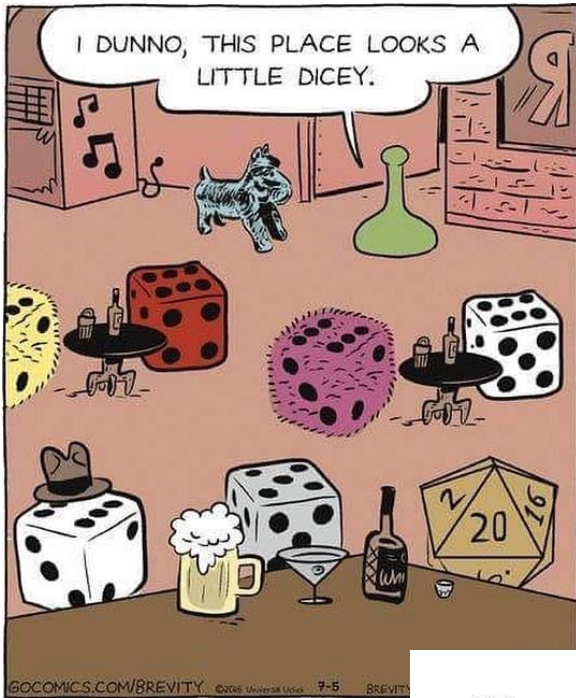
You can bring your dues to any meeting or event or you can mail a check or money order to: Mountain Bears Democratic Club, PO Box 3514, Blue Jay, CA 92317.

Annual Dues –

- Individual, \$25*
- Couples, \$40*
- Students or Seniors (60+), \$15*
- Couples, \$25*

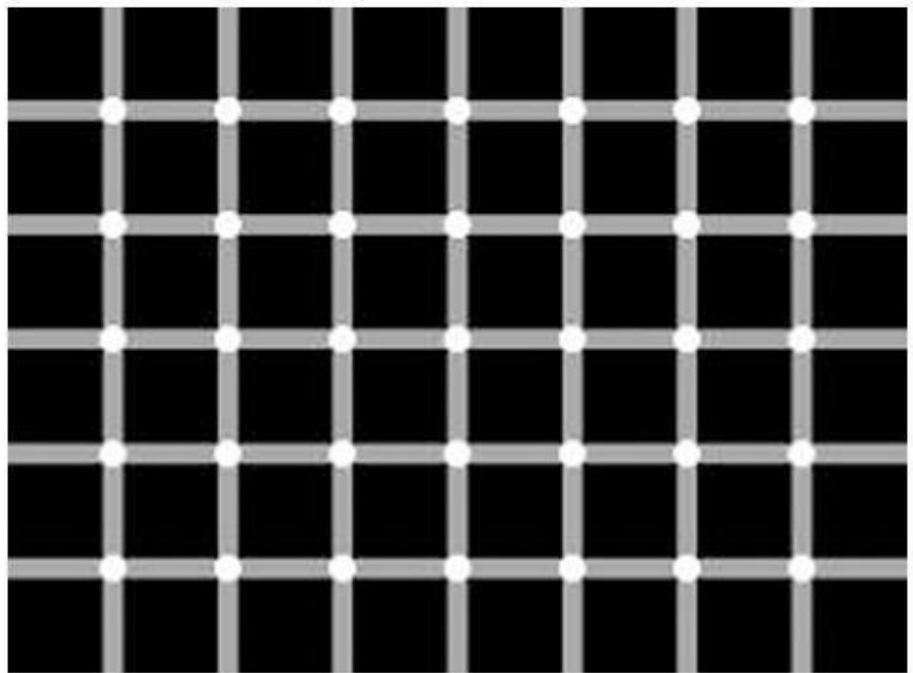


Pun Pages



Can you find the black dot?

Its fine to eat a 'test' grape in the produce section, but you take one bite of a rotisserie chicken and it's all "Sir, you need to leave the store".



What makes you think



the kid is mine?

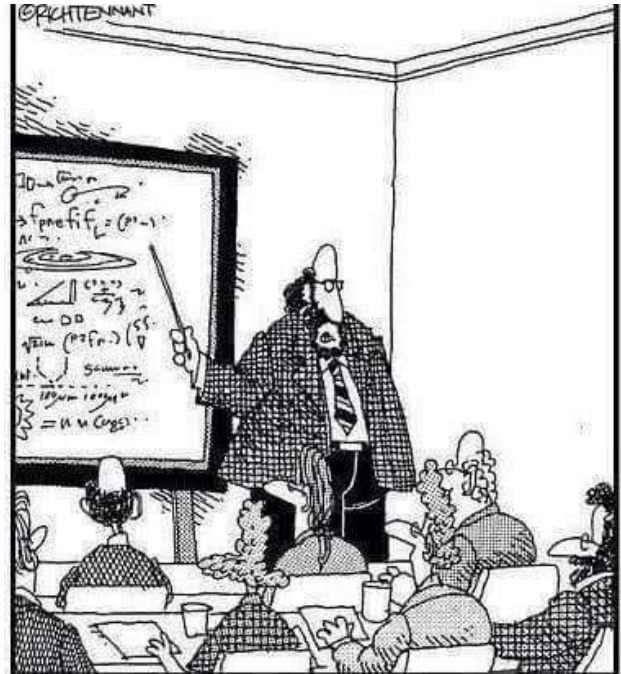
**IT'S THE START
OF A BRAND NEW
DAY, AND I'M OFF
LIKE A HERD OF
TURTLES.**

*I just had a fight with
my alarm clock. It
wanted me to get up,
I disagreed. Things
got violent. Now it's
broken and I'm wide
awake. Not sure
which of us won.*

Edgar Allan Poe is about to
run into a tree.
What do you yell at him?

POETRY!

**19 and 20 got
into a fight ... 21.**



"Along with 'Antimatter,' and 'Dark Matter,' we've recently discovered the existence of 'Doesn't Matter,' which appears to have no effect on the universe whatsoever."



The Mountain Bears are a politically and socially active group of local democrats who want to stay informed, encourage voter turnout, and promote Democratic Party values while sponsoring or participating in community activities for the mutual well-being of all the mountain residents.