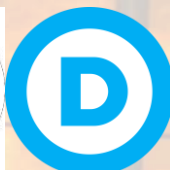


NEWSLETTER

Mountain Bears Democratic Club was founded in 2004. We are located in the San Bernardino Mountains of Southern California. We hope to do our part to inform and educate the public and bring newcomers to the party by registering new Democrats. The Democratic Party believes that the American Dream should be within the reach of all people. We welcome and encourage people from all walks of life to join us in discussion and debate regardless of one's political affiliations.

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NEXT MEETING

Our next club meeting will be on **Tuesday, November 19th**, at **5:30** pm in the Alpine Escrow conference room in Blue Jay. It's our annual pot-luck gathering!

Our Club's Online Presence

Our webpage: <https://mountainbearsdemocrats.org>

Our Facebook page: <https://www.facebook.com/Mountain-Bears-Democratic-Club-1464298517118574>

Community Sources of Information

Our Chamber of Commerce web page: <https://www.lakearrowheadchamber.com>

Arrowhead Lake Association web page: <https://www.ala-ca.org>

Local media:

- Mountain News newspaper: <http://www.mountain-news.com>
- Alpine Mountaineer newspaper: <https://thealpinemountaineer.com>
- Mountain Reporter digital newspaper: <http://mountainreporter.com>
- Lake Arrowhead News: <https://www.lakearrowheadnews.com>
- Lake Arrowhead 'Official Site': <http://www.lakearrowhead.com>

Sources of Legislative Information

Library of Congress: <https://www.congress.gov>

Issue Voter.org: <https://issuevoter.org/bills>

Govtrack: <https://www.govtrack.us>

California Democrats Online Presence

The party's web page: <https://www.cadem.org>

The party's Facebook page: <https://www.facebook.com/cadems>

National Democrats Online Presence

The national party's webpage: <https://democrats.org>

The national party's Facebook page: <https://www.facebook.com/democrats>

Health Issues



Fires heighten kids' fears

California blazes are taking a toll on students' mental health, school experts say. Here are some tips that can help calm their anxiety

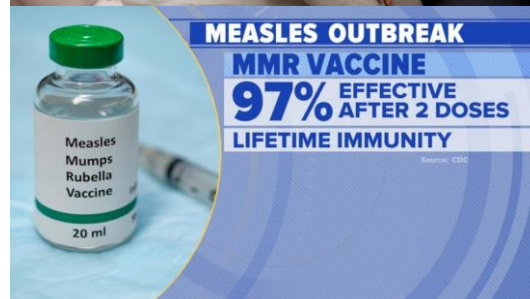
http://enewspaper.latimes.com/infinity/article_share.aspx?guid=139de28f-3919-4e2a-ad51-780df8b3b5a8
10.30.19

Measles can cause 'immune amnesia,' study finds

It's an article of faith for many parents who refuse to vaccinate their children: When healthy kids get and recover from an infection naturally, their immune systems come out stronger.

But when it comes to measles, the opposite is true, new research shows.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=0a49e9fc-202f-4e4f-a3d7-e108055fa351 11.01.19



What do you call a fake stone in Ireland?
- A shamrock

Crispr Takes Its First Steps in Editing Genes to Fight Cancer

So far, a procedure that turbocharges the immune system to attack tumors seems safe, but it's too soon to tell whether it helps patients.

Researchers at the University of Pennsylvania took patients' white blood cells, removed unwanted genes and then used a virus to arm the cells with a biological "warhead" that would target a protein found on cancer cells.

<https://www.nytimes.com/2019/11/06/health/crispr-cancer-leukemia.html?action=click&module=Latest&pgtype=Homepage> 11.06.19

Millennials' health woes raise economic concerns



Chronic problems could dampen a generation's potential, a report finds. From 2014 to 2017, rates of depression among millennials surged 31%, hyperactivity rose 29% and hypertension increased 16%, according to the report. High cholesterol and tobacco-use disorder also increased.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=ffcd014b-4e6a-4f66-9f94-48833fe0c807 11.07.19

14-year-old solved the problem of blind spots with award-winning science fair project

Over **840,000** of the car crashes that occur on U.S. roadways each year can be traced back to a problem area with which all drivers have experience: the blind spots caused by the A-frame of a car's structure.

<https://www.sfgate.com/news/article/14-year-old-solved-the-problem-of-blind-spots-14810621.php> 11.10.19

On the Mountain +

Power Outage and Fire Response Resources

The State of California is providing resources to help Californians impacted by the unique challenges brought on by wildfire and power shutoffs.

<https://www.response.ca.gov/?fbclid=IwAR18dPooOJsauinQybtK0Gurv0loWN81fMhXuH7jxponPjq3eukVZfR0YsQ> 11.01.19

Seniors, beware of 'trusted' pros

Cases of older people being scammed by lawyers, insurers, financial advisors are on the rise

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=34f05f96-c3b3-4fb8-b0bc-678b1f959f7b 11.04.19

Vandalism forces overnight post office closures

Continuing acts of vandalism have resulted in overnight closures at several mountain area post offices, including those in Lake Arrowhead and Cedar Glen.

<https://thealpinemountaineer.com/vandalism-forces-overnight-post-office-closures/?fbclid=IwAR03HkiyxnCnPpumqJlkQYpSORvyriGh-prDe6CpDkwzxZcbGpe-EttSVs> 10.31.19



Strawberry Creek is emblematic of the intense, complex water fights playing out around the nation between Nestlé, grassroots opposition, and government officials.

The fight to stop Nestlé from taking America's water

The network of clear streams comprising California's Strawberry Creek run down the side of a steep, rocky mountain in a national forest two hours east of Los Angeles. Last year Nestlé siphoned 45m gallons of pristine spring water from the creek and bottled it under the Arrowhead Water label.

<https://www.theguardian.com/environment/2019/oct/29/the-fight-over-water-how-nestle-dries-up-us-creeks-to-sell-water-in-plastic-bottles?fbclid=IwAR0oYkqHiP3LrXATjIzUX3MvOLdkWcvbnxcZ3JPU4ufrTudEoqSwVlytSc> 10.29.19



Fire restrictions elevated during extreme conditions

With the fire danger level at "extreme," officials with San Bernardino National Forest today announced that fire restrictions will be increased beginning Friday, October 25, 2019. The new restrictions prohibit all campfires on National Forest lands and are enforced through a forest order.

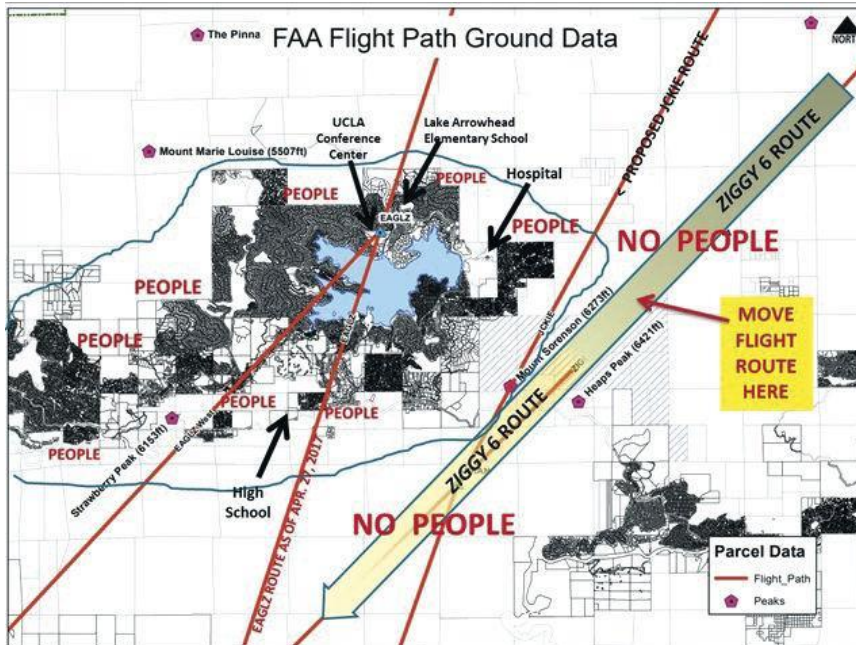
<http://mountainreporter.com/fire-restrictions-elevated-during-extreme-conditions/> 11.01.19

LAKE ARROWHEAD VILLAGE IN ESCROW. BLUE JAY VILLAGE NOT INCLUDED

At the November 7, 2019 Lake Arrowhead Municipal Advisory Council (MAC) meeting, Lake Arrowhead Village General Manager, Josh Martin, announced during his monthly report that the Village is now in escrow to be sold.

https://www.lakearrowheadnews.com/?fbclid=IwAR0ue5H5zyuR8C8Dik2aYQvE3RHnbRlgJbv4CbJoWeHFyHsPfN_avah3nLU 11.09.19

The FAA Makes It Official: The Flight Path over Lake Arrowhead Will Move on December 5, 2019



In a News Release issued on November 6, 2019 from Second District Supervisor Janice Rutherford, it was announced that the FAA will be moving the current flight path over Lake Arrowhead on **December 5, 2019**.

https://www.lakearrowheadnews.com/?fbclid=IwAR0ue5H5zyuR8C8Dik2aYQvE3RHnbRlgJbv4CbJoWeHFyHsPfN_avah3nLU 11.09.19

National Politics



No milk carton or straw left behind

The U.S. paper recycling industry suddenly finds itself in high demand as more consumers shun plastic.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=53d7860f-dd03-41d9-bda4-8f817127c577 10.28.19

After a fatal New Jersey school bus crash last year, SECURES Act would require seat belts on all school buses

Should all school buses have seat belts?

<https://govtrackinsider.com/after-a-fatal-new-jersey-school-bus-crash-last-year-secures-act-would-require-seat-belts-on-all-77b6c4ffa728> 11.06.19

The shovel was a groundbreaking invention.

She's at the top of her game

Pelosi has become the anti-Trump — disciplined and implacable

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=949b63e9-169e-4a28-985a-3022528ddfe3 10.30.19

White House Ukraine Expert Sought to Correct Transcript of Trump Call

Lt. Col. Alexander S. Vindman, who heard President Trump's July phone call with Ukraine's president and was alarmed, testified that he tried and failed to add key details to the rough transcript.

<https://www.nytimes.com/2019/10/29/us/politics/alexander-vindman-trump-ukraine.html?action=click&module=Top%20Stories&pgtype=Homepage> 10.30.19

Aaron Sorkin: An Open Letter to Mark Zuckerberg

Facebook isn't defending free speech, it's assaulting truth.

https://www.nytimes.com/2019/10/31/opinion/aaron-sorkin-mark-zuckerberg-facebook.html?fbclid=IwAR16hrSC4MGTSFOqf22hS-iA6lvgKSAgaH4sCobE2c7QO_eXyoo17hcBxgw 10.31.19

The GOP Tax Cuts Didn't Work

Republicans said the reform would grow the economy by up to 6 percent, stimulate business investment, and pay for itself. None of that happened.

https://www.theatlantic.com/ideas/archive/2019/10/why-donald-trumps-economic-dream-crumbled/601153/?fbclid=IwAR1imw-VP-ITDiPro6CHHjoN5w-5LNjRPvVpSAuMWLrF-4H8H8SSsd_pV8 11.01.19



What is “deep poverty”?

Data on those with incomes below 50 percent of poverty thresholds. The U.S. Census Bureau defines “deep poverty” as living in a household with a total cash income below 50 percent of its poverty threshold. According to the Census Bureau, in 2016 18.5 million people lived in deep poverty. Those in deep poverty represented 5.8 percent of the total population and 45.6 percent of those in poverty.

<https://poverty.ucdavis.edu/faq/what-deep-poverty?fbclid=IwAR0sHskBE6wPrI2G58QsryEZ2rmPlqWAePKhLyBnJ9F2LBgh0ZkxQSYTgig> 11.01.19

Facing a federal lawsuit and mounting criticism, Education Secretary Betsy DeVos said Friday she would forgive loans for more than 1,500 borrowers who attended a pair of for-profit colleges that shut down last year.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=36e60f61-d0e1-401a-a532-f0c8af60bfff 11.09.19

Trump Ordered to Pay \$2 Million to Charities for Misuse of Foundation

The president admitted he had used funds raised by the Donald J. Trump Foundation to promote his campaign and pay business debts.

<https://www.nytimes.com/2019/11/07/nyregion/trump-charities-new-york.html?action=click&module=Top%20Stories&pgtype=Homepage> 11.08.19

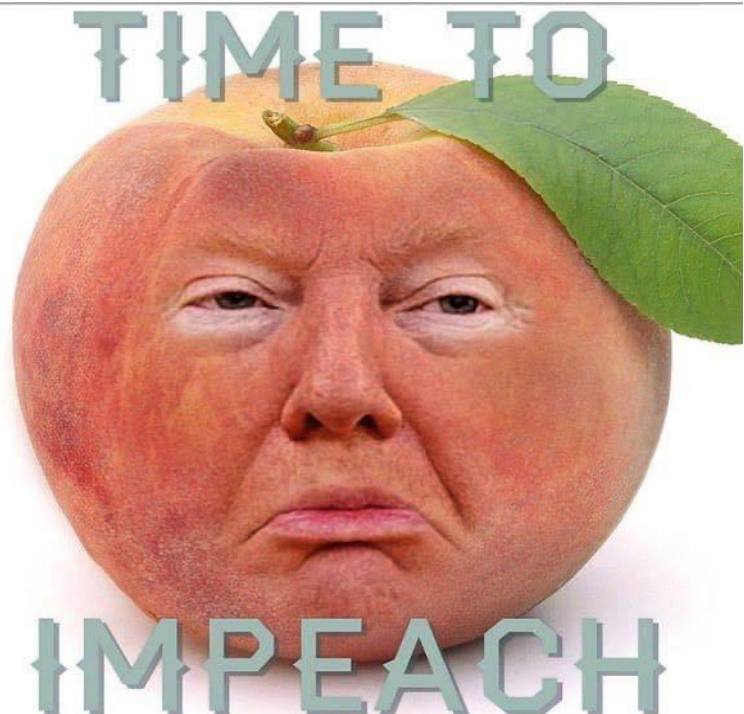


Trump plugs son's book while accusing Bidens of self-dealing

President Donald Trump has accused former Vice President Joe Biden of major ethical lapses and railed against Biden's son for allegedly profiting off his father's office.

But on Monday, Trump used his Twitter feed to publicize a new book by his eldest son, Donald Trump Jr., telling his 66.5 million followers that they should "Go order it today!"

<https://apnews.com/2d103be65f6c4d95b9976fb0846c5d2d> 11.05.19



hy·poc·ri·sy

the practice of claiming to have moral standards or beliefs to which one's own behavior does not conform; pretense.

Club Stuff

- Committee Chairpersons and Guest Speakers needed**

We are always looking for speakers who can “inform and educate the public and bring newcomers to the party”.

Contact Mickey Laws, (760) 567-6159

State Politics



California needs to learn from its fires

The lesson isn't just about how it fights them, but also about how it keeps people out of harm's way.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=8fdc44ad-8a41-4218-8e8c-4c07d1aaa880 10.28.19

Ratepayers will see higher bills

Customers are sure to shoulder the costs for preventing and battling blazes

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=dae34ce0-5d35-4701-be63-53884b321435 10.28.19



California has ditched coal; is gas next to go?

Every day, millions of Californians burn a planet-warming fossil fuel to cook dinner, stay warm or take a hot shower. Faced with efforts to phase out fossil fuel, a Southland utility launches a campaign for self-preservation.

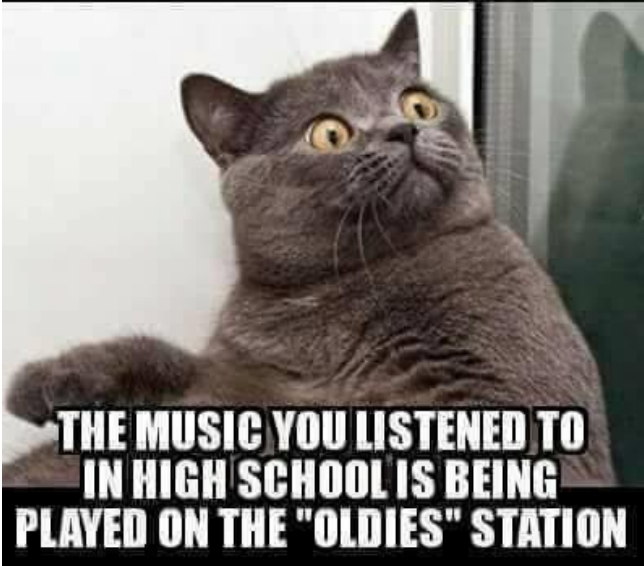
http://enewspaper.latimes.com/infinity/article_share.aspx?guid=b819b275-0491-44a9-8bc7-2f997e6bb2c4 11.03.19

Pun Pages



**Never run with bagpipes.
You can fall and put an eye out.
Or worse, get kilt.**

THAT MOMENT WHEN



**THE MUSIC YOU LISTENED TO
IN HIGH SCHOOL IS BEING
PLAYED ON THE "OLDIES" STATION**

"Does your dog bite?" Worse, he judges you



**I grew up living
paycheck to paycheck,
but through hard work
and perseverance i
now live direct deposit
to direct deposit.**

**My wife said I never listen to her...
... or something like that.**

**What happens if you get scared
half to death, twice?**

I'M AN ARCHEOLOGIST



MY LIFE IS IN RUINS

UnKNOWn PUNster ©2017

**You're at a beauty shop.
You want a new
hairdo...and a dye job.
But you can't afford
both. So it's 'do or dye'.**

**There's a fine line between a numerator and
a denominator.
Only a fraction of people will find this funny.**

FAKE GNUS



**Geology rocks...
...but geography is where it's at.**

**Did you hear about the two
guys that stole a calendar?
They each got six months!**



**What do you call three bunnies hopping backward?
- A receding hairline!**

**The Mountain Bears are a politically and socially
active group of local democrats who want to stay
informed, encourage voter turnout, and promote
Democratic Party values while sponsoring or
participating in community activities for the mutual
well-being of all the mountain residents.**