

Mountain Bears Democratic Club

October
2019

NEWSLETTER

Mountain Bears Democratic Club was founded in 2004. We are located in the San Bernardino Mountains of Southern California. We hope to do our part to inform and educate the public and bring newcomers to the party by registering new Democrats. The Democratic Party believes that the American Dream should be within the reach of all people. We welcome and encourage people from all walks of life to join us in discussion and debate regardless of one's political affiliations.

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NEXT MEETING

Our next club meeting **will be on Tuesday, October 22nd**, at **6:30 pm** in the Alpine Escrow conference room in Blue Jay.

Our Club's Online Presence

Our webpage: <https://mountainbearsdemocrats.org>

Our Facebook page: <https://www.facebook.com/Mountain-Bears-Democratic-Club-1464298517118574>

Community Sources of Information

Our Chamber of Commerce web page: <https://www.lakearrowheadchamber.com>

Arrowhead Lake Association web page: <https://www.ala-ca.org>

Local media:

- Mountain News newspaper: <http://www.mountain-news.com>
- Alpine Mountaineer newspaper: <https://thealpinemountaineer.com>
- Mountain Reporter digital newspaper: <http://mountainreporter.com>
- Lake Arrowhead News: <https://www.lakearrowheadnews.com>
- Lake Arrowhead 'Official Site': <http://www.lakearrowhead.com>

Sources of Legislative Information

Library of Congress: <https://www.congress.gov>

Issue Voter.org: <https://issuevoter.org/bills>

Govtrack: <https://www.govtrack.us>

California Democrats Online Presence

The party's web page: <https://www.cadem.org>

The party's Facebook page: <https://www.facebook.com/cadems>

National Democrats Online Presence

The national party's webpage: <https://democrats.org>

The national party's Facebook page: <https://www.facebook.com/democrats>

Nine Ways to Help a Campaign From Afar

https://politicalcharge.org/2019/04/09/9-ways-to-help-a-campaign-from-afar/?fbclid=IwAR2LxOcsJRYhBlw5PW_WDuqcp8rzPRXRxy1XryqsTSjrwy8YqAomJE5mYWk

Health Issues

Here's a webpage for the five day allergy forecast for Lake Arrowhead:

<https://www.pollen.com/forecast/extended/pollen/92352>

The FDA tried to ban vaping flavors

But tobacco industry lobbyists helped doom the effort that might have prevented addiction in teens. **Unicorn Vomit. Cotton Candy. Gummy Bear. Skittles.**



Some teenagers who tried these playful vaping flavors thought they were just inhaling water vapor — not also nicotine, a chemical considered as addictive as heroin and cocaine.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=450f9295-762c-4fbc-af1e-560fffd22458 10.01.19

Shock as rates for care policies surge

Viets, 82, purchased long-term care insurance nearly two decades ago, anticipating there would come a time when she'd be glad to cover the costs of a nursing home, which can run nearly \$300 a day in California for a private room. So it was with more than a little dismay — and a strong sense of betrayal — that she received a recent letter from her long-term care insurance provider, Genworth Financial, informing her that her monthly premium is rising by 80%, to \$530.71 from \$294.84.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=6fb38eb5-d58c-406a-9265-9491734724cc 10.01.19



Trump health plan a Trojan horse

Trump's executive order is a stealth attack on the very program he's swearing to protect. Buried within the order is a provision that would destroy Medicare by driving its costs to an unsustainable level. At the same time, Trump is proposing to turn more of the program over to commercial insurers. Put simply, he's proposing to privatize Medicare.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=1c464b61-2afa-46fa-b0e0-6b0aa8ede8e5 10.05.19

Are most homeless mentally ill?

Psychological, substance abuse and other problems are more pervasive than L.A. agency reported, a Times analysis finds



http://enewspaper.latimes.com/infinity/article_share.aspx?guid=84601839-e74f-40d5-8cb3-19e26dbad315 10.07.19

**Why did the ghost go into a bar?
- For the boo'z**

**They say witch...
...like it's a bad thing**

if you've
got it,
haunt it.

National Politics

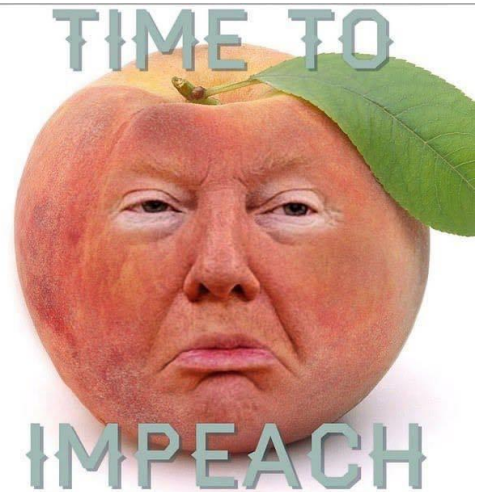
Homeland Security Dept. Affirms Threat of White Supremacy After Years of Prodding

The Department of Homeland Security is beginning to address white supremacist terrorism as a primary security threat, breaking with a decade of flagging attention after bigoted mass shooters from New Zealand to Texas took the lives of nearly 100 people in the last six months.

<https://www.nytimes.com/2019/10/01/us/politics/white-supremacy-homeland-security.html> 10.01.19

Impeachment's loose rules

The Constitution is not precise on how the process has to play out



http://enewspaper.latimes.com/infinity/article_share.aspx?guid=edca30fc-ff88-407f-96ee-144a53191a3a 10.04.19

Trump impeachment inquiry: A visual timeline

The key people and events involved in the Ukraine scandal and the effort to impeach President Donald Trump

<https://www.cnn.com/interactive/2019/10/politics/impeachment-inquiry-timeline/> 10.12.19

Supreme Court to hear abortion case

A Louisiana law provides first major test on the issue with Kavanaugh on bench. The Supreme Court announced Friday that it will hear its first major abortion case with Justices Brett M. Kavanaugh and Neil M. Gorsuch on the bench, and decide whether states may enforce far stricter regulations on doctors who perform abortions.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=000bb7d9-1cd7-471a-bbb1-3e1182492d65 10.05.19



"If anyone asks, he was just kidding."

A lonely tradition as old as America ... Unpatriotic?

Whistleblowers have been speaking up — and suffering the consequences — from the nation's beginning.

The lonely individual speaking truth to power is an enduring American archetype.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=20b5a1eb-e907-458b-baf7-4c65bc4a1b48 10.08.19

Separation of Powers Restoration Act would make it easier for courts to strike down federal regulations as unconstitutional

Have federal agencies been given too much power and leniency by federal courts to write policy?

<https://govtrackinsider.com/separation-of-powers-restoration-act-would-make-it-easier-for-courts-to-strike-down-federal-990ba9e4dae7> 10.08.19

Former envoy decries ouster

Ex-ambassador to Ukraine says Trump removed her over 'questionable motives' and 'false claims.'

Defying White House efforts to block her testimony, Marie Yovanovitch, the former U.S. ambassador to Ukraine, told lawmakers Friday that President Trump was behind the decision to recall her from Kyiv in May based on "unfounded and false claims by people with clearly questionable motives."

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=3c863b6f-0c99-4806-baab-5f318ffaf21a 10.12.19

Why was the jack-o'-lantern sad on Halloween?

- Because he felt empty inside!

Looking for Puns?



I'M A PUN-KING!

Club Stuff

- **Committee Chairpersons and Guest Speakers needed**

We are always looking for speakers who can “inform and educate the public and bring newcomers to the party”.

Contact Mickey Laws, (760) 567-6159

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On the Mountain

Lake Arrowhead Area Hiking

Short synopsis of trails with a map of our area

https://www.fs.usda.gov/Internet/FSE_DOCUMENTS/stelprd3798111.pdf

Hiking groups on our mountain

If you'd like to join the hiking group on WEDNESDAYS led by Sandy Mishodek, then e-mail Sandy for more info: sandymishodek@gmail.com

Barbara Levering leads nice slow cruiser hikes on selected MONDAYS. For more information e-mail her at: barblev6@gmail.com

San Bernardino Mountain Group of the Sierra Club

<https://www.sierraclub.org/san-gorgonio/san-bernardino-mountains>

Rim of the World trail alliance

<https://rimtrails.org>



State Politics

Assemblyman Obernolte's Bill To Fast-Track Fire Safety Escape Routes Vetoed By Governor

Sacramento, CA – Wednesday October 2nd, Assemblyman Obernolte (R- Hisperia) announced his disappointment that Governor Newsom vetoed his bill to streamline urgent safety projects in high-risk fire areas with insufficient egress (exit) routes. <https://rotwnews.com/2019/10/04/assemblyman-obernoltes-bill-to-fast-track-fire-safety-escape-routes-vetoed-by-governor/?fbclid=IwAR2Dr2iBxGW9jCvq9PDHmDs8twnk-I70iDSETbn2eDI2ZZIfjAHetKvcyb4> 10.04.19

Voters are split on 2020 bid to preserve cash bail



Referendum on SB 10 divides many by age, politics, poll finds. California voters are sharply divided over the future of cash bail in a new statewide poll, although a slight plurality supports a new law to replace the system with one that would allow more defendants to be released before trial.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=ab25c137-e3bc-4591-81c0-042776d88a3e 10.04.19

Richer Wine Is on the Table From California's Record Power Cuts

With California wine country going dark due to power cuts, this year's luxury Cabernet Sauvignons might be even more coveted.

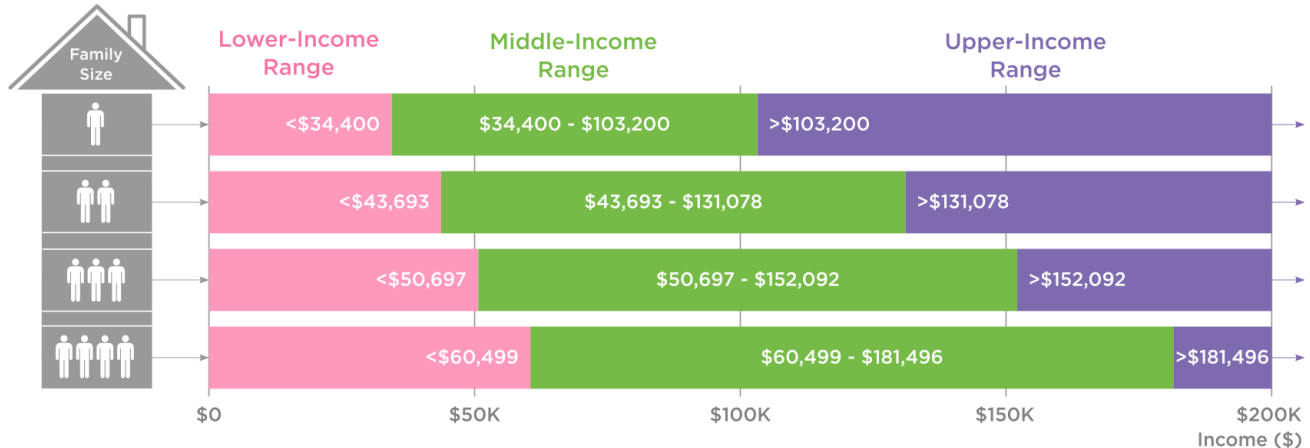
https://www.bloomberg.com/news/articles/2019-10-09/richer-wine-is-on-the-table-from-california-s-record-power-cuts?te=1&nl=california-today&emc=edit_ca_20191011?campaign_id=49&instance_id=13010&segment_id=17799&user_id=6519ed259c4ff742ede44fb88d37cfa1®i_id=97553500

10.12.19

California Today: What is Middle Class in California?

“Being middle class means a lot of things. In terms of income, it means you are living comfortably above the poverty line,” Ms. Bohn said. “You have enough resources to well meet your basic needs and beyond.”

Income Classes Based on Family Size in U.S.



Article & Sources:
<https://howmuch.net/articles/income-classes-in-america>
 Pew Research Center, U.S. Census Bureau

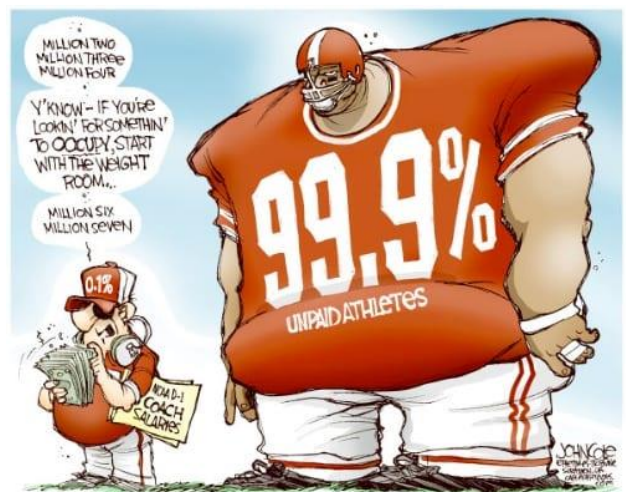
howmuch.net

https://messaging-custom-newsletters.nytimes.com/template/oakv2?uri=nyt://newsletter/7a8cd47b-87ab-4b73-be35-ef06c6f110da&te=1&nl=california-today&emc=edit_ca_20191008?campaign_id=49&instance_id=12920&segment_id=17685&user_id=6519ed259c4ff742ede44fb88d37cfa1®i_id=97553500
 10.08.19

What's Next After California Signs Game Changer Fair Pay to Play Act Into Law?

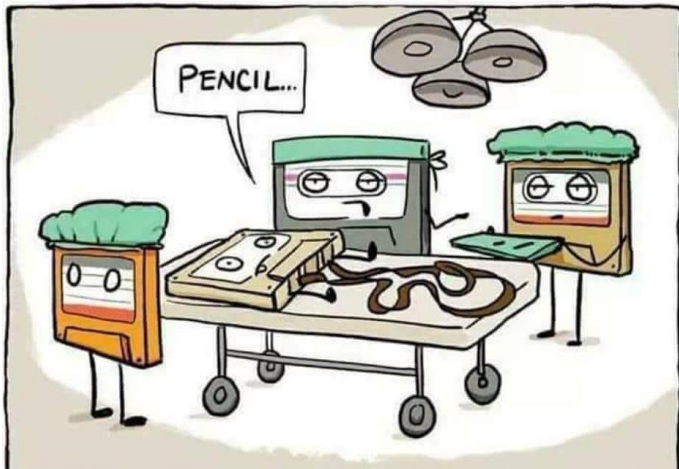
The Act is a game changer in college sports. It makes it illegal for California colleges to deny their student athletes opportunities to gain compensation for the use of their names, images and likenesses.

<https://www.si.com/college/2019/09/30/fair-pay-to-play-act-law-ncaa-california-pac-12> 10.08.19



Pun Pages

Like three people will get this but it's worth it.



The only thing Flat Earthers
Have to fear is sphere itself.

Nurse came in and said,
“Doc, there is a man in
the waiting room who
thinks he’s invisible,
what should I tell him?”

The doctor said, “Tell
him, I can’t see him
today ”

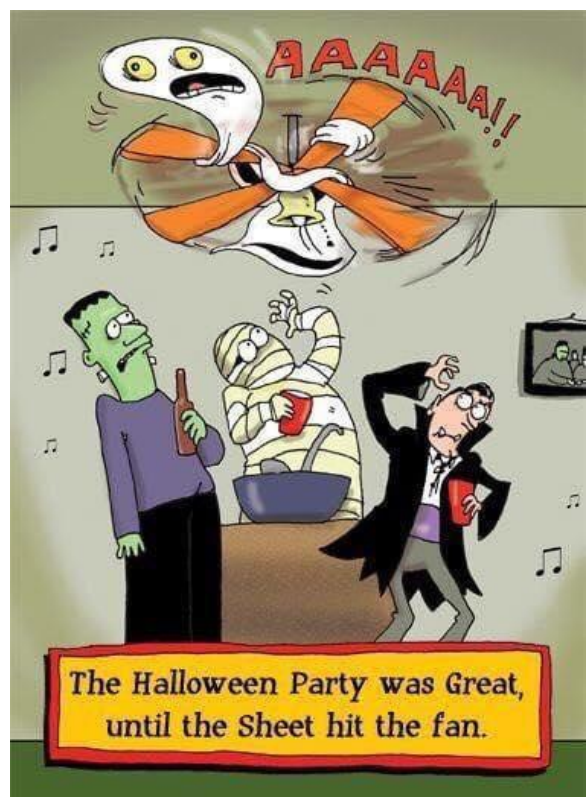
**I WAS TRYING TO FIGURE
OUT HOW LIGHTNING WORKED**

**Fastest way to mess
up someone's knock
knock joke?**

"It's open"

**I WANTED TO TELL YOU
THE JOKE ABOUT
THE CEILING**

**Tonight I'm gonna
have possum soup
made from
Himalayan
possum, because I
found Himalayan
on the road.**



**What do you call a fake stone in
Ireland?**

- A shamrock

Dear Optimist,
Pessimist, and
Realist,



**Dove chocolate
tastes way better
than their soap.**

The Mountain Bears are a politically and socially active group of local democrats who want to stay informed, encourage voter turnout, and promote Democratic Party values while sponsoring or participating in community activities for the mutual well-being of all the mountain residents.