

NEWSLETTER



Mountain Bears Democratic Club was founded in 2004. We are located in the San Bernardino Mountains of Southern California. We hope to do our part to inform and educate the public and bring newcomers to the party by registering new Democrats. The Democratic Party believes that the American Dream should be within the reach of all people. We welcome and encourage people from all walks of life to join us in discussion and debate regardless of one's political affiliations.

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NEXT MEETING: Note NEW starting time!

Our next club meeting will be on Tuesday, June 25th, at **6:30 pm** in the Alpine Escrow conference room in Blue Jay.

Our Club's Online Presence

Our webpage: <https://mountainbearsdemocrats.org>

Our Facebook page: <https://www.facebook.com/Mountain-Bears-Democratic-Club-1464298517118574>

Community Sources of Information

Our Chamber of Commerce web page: <https://www.lakearrowheadchamber.com>

Arrowhead Lake Association web page: <https://www.ala-ca.org>

Local media:

- Mountain News newspaper: <http://www.mountain-news.com>
- Alpine Mountaineer newspaper: <https://thealpinemountaineer.com>
- Mountain Reporter digital newspaper: <http://mountainreporter.com>
- Lake Arrowhead News: <https://www.lakearrowheadnews.com>
- Lake Arrowhead 'Official Site': <http://www.lakearrowhead.com>

Sources of Legislative Information

Library of Congress: <https://www.congress.gov>

Issue Voter.org: <https://issuevoter.org/bills>

Govtrack: <https://www.govtrack.us>

California Democrats Online Presence

The party's web page: <https://www.cadem.org>

The party's Facebook page: <https://www.facebook.com/cadems>

National Democrats Online Presence

The national party's webpage: <https://democrats.org>

The national party's Facebook page: <https://www.facebook.com/democrats>

Nine Ways to Help a Campaign From Afar

https://politicalcharge.org/2019/04/09/9-ways-to-help-a-campaign-from-afar/?fbclid=IwAR2LxOcsJRYhBlw5PW_WDuqcp8rzPRXRxy1XryqsTSjrwy8YqAomJE5mYWk

Health Issues

Here's a webpage for the five day allergy forecast for Lake Arrowhead:

<https://www.pollen.com/forecast/extended/pollen/92352>

Lost Mothers

The U.S. has the highest rate of deaths related to pregnancy and childbirth in the developed world. Half of these deaths are preventable.

<https://www.propublica.org/series/lost-mothers> 05.28.19

Web MD lets you learn more about prescription and OTC drugs and offers tips on living healthy: <https://www.webmd.com/drugs/2/index>

Processed foods linked to weight gain

Study backs long-held suspicions about meal preparation's role in the obesity epidemic.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=64ec907d-ccc5-4978-bb90-c32cac24597b 05.20.19

A comeback for plague?

The steamship caused the last global outbreak of bubonic plague. Climate change can cause the next one.

- http://enewspaper.latimes.com/infinity/article_share.aspx?guid=ba9f1701-102e-4b85-a20d-34973d9be83b 05.19.19

How to help skeptical parents understand vaccines

We currently have a measles epidemic yet many parents resist vaccinating their children. It helps to explain the research behind vaccine risk and the rigor with which research articles are appraised and reviewed.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=41fae902-d23d-422a-ae8-ad4fad02ee7b 06.05.19

A U.S. nurse looks back in Normandy

Ellan Levitsky, 99, recalls service in field hospital in France just after the D-day landing 75 years ago.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=78b9d445-8d66-4e97-8ec8-2418c1e7979a 06.06.19

National Politics

Trump wants to cut repayment to California for fighting fires

The administration demands proof that \$72 million was spent on battling blazes on federal land last year.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=fdef69f0-2d8f-413c-b045-a529ede5e7e2 05.22.19

Democrats in Congress are getting things done. Trump and Republicans are just ignoring them.

House Democrats are passing bills at a rapid pace, while Trump complains they're "getting nothing done."

<https://www.vox.com/2019/5/24/18637163/trump-pelosi-democrats-bills-congress?fbclid=IwAR2mFPsQ3IcplUepnxfZZTufnXMnlchjY7BtG8W9i9JNzGbwCp2O-4sHCc> 05.26.19

A Bad Jobless Rate for Trump

The black unemployment rate bottomed out in May 2018 at 5.9%. It reached 7.0% in February before settling back to 6.7% for the last two reported months.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=513668fa-1887-41b8-a1e3-e34fef34dab9 05.28.19

Transportation Secretary Failed to Sever Financial Ties to Construction Company

Transportation Secretary Elaine Chao failed last year to cash out her stock options in one of the nation's largest suppliers of highway construction materials, despite a promise she had made to do so in a signed ethics agreement when she joined the Trump administration.

<https://www.nytimes.com/2019/05/28/us/politics/elaine-chao-stock-divest.html>
06.03.19

Legislation introduced by the 2020 candidates this year: Finance and the Economy

For our third look at the recent legislative activity of the 2020 Democratic presidential primary candidates currently serving in Congress, we're focusing on their financial policies.

<https://govtrackinsider.com/legislation-introduced-by-the-2020-candidates-this-year-finance-and-the-economy-4d3a34808be5> 06.03.19

Whether you think you can, or think you can't....you're right.
- Henry Ford

Club Needs

- **Committee Chairpersons needed**

We need one or more members to chair our participation in seasonal parades in the communities of Crestline, Blue Jay, and Running Springs.

We need one or more members to chair our participation in Voter Registration efforts in our various communities.

- **Guest Speaker suggestions**

We are always looking for speakers who can “inform and educate the public and bring newcomers to the party”. It is our mission as a Club!

If you know of a speaker or topic that would be of interest to Club members, don't hesitate to let Mickey know!

Contact Mickey Laws, (760) 567-6159

On the Mountain

I Love Lake Arrowhead web page

For those that don't know every darn thing to do around Lake Arrowhead, this site has lots of stuff:

<https://ilovelakearrowhead.com> 06.04.19

Lake Arrowhead Communities Chamber of Commerce calendar

<https://members.lakearrowheadchamber.com/events/Search?from=05%2F31%2F2019&to=&catId=115695&term=&mode=0&cid=1498> 06.04.19

Mountain History Museum

Preserving and Sharing Our Rich Mountain History

<https://mountainhistorymuseum.org> 06.04.19

Lake Arrowhead Area Hiking Trails

Short synopsis of trails with a map of our area

https://www.fs.usda.gov/Internet/FSE_DOCUMENTS/stelprd3798111.pdf

06.04.19

State Politics

Paying for a Boom in the I.E.

The \$200 million air cargo facility, the size of 11 football fields, can generate jobs and tax income from the publicly owned airport on the site of the old Norton Air Force base in San Bernardino.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=638d429a-5044-4ef2-9b11-38d8c75d2322 05.19.19

Taking the next step on homelessness

Gov. Newsom adds Ridley-Thomas to a task force to generate more programs to get people off the streets

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=c339484f-476d-4c9b-9d4b-f690856e8e0b 05.22.19

Police use-of-force bill advances after California law enforcement agrees to changes

A controversial bill that would give California one of the nation's toughest police use-of-force standards went from a long shot to a near certainty.

<https://www.latimes.com/politics/la-pol-ca-police-use-of-force-bill-392-20190523-story.html> 05.28.19

In California's Inland Empire, fewer than half of jobs pay a living wage "Our region has bounced back in terms of job creation," said Karthick Ramakrishnan, the public policy and political science professor who founded the center this year. "But it shouldn't be inevitable that we're doomed to low-wage jobs, low benefits and contingent workers."

<https://www.latimes.com/business/la-fi-inland-empire-jobs-20181128-story.html?fbclid=IwAR3t0uHgg6WGeRd1zgFM2HJkPa17otHANmPYUnuWn2vp4TG1wPdxsb376Ng> 06.03.19

Labor leader is our party leader

Labor leader Rusty Hicks was elected the next chairman of the California Democratic Party.

http://enewspaper.latimes.com/infinity/article_share.aspx?guid=f9de4eae-f9ab-4bd2-bfd6-e889af1a6e23 06.03.19

California can't solve its homeless crisis without protecting renters

Across California, cities and counties are reporting that homelessness — already at crisis levels in some communities — has only gotten worse.

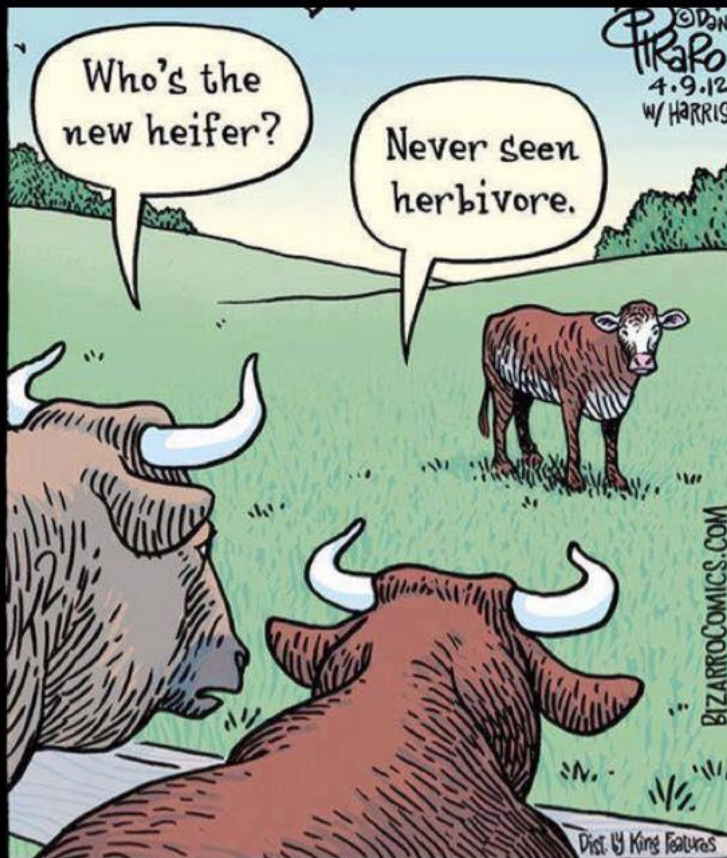
<https://www.latimes.com/opinion/editorials/la-ed-tenant-protections-bills-homeless-crisis-20190529-story.html> 05.29.19

Pun Pages

NEUTER YOUR DOG - AN OUNCE OF PREVENTION IS BETTER THAN A POUND OF CURS



HERBIVORES COME IN BROWNS AND 50 SHADES OF GRAZE



UnKNOWN PUNster ©2017

Wife: "no"
Me: "it's a good name"
Wife: "Keith, we're not calling the dog Sarah Jessica Barker, keep thinking"
Me:
Wife:
Me: "how about Woofie Goldberg"?

What's the difference between a well-dressed man on a bicycle, and a poorly dressed man on a unicycle?

ATTIRE

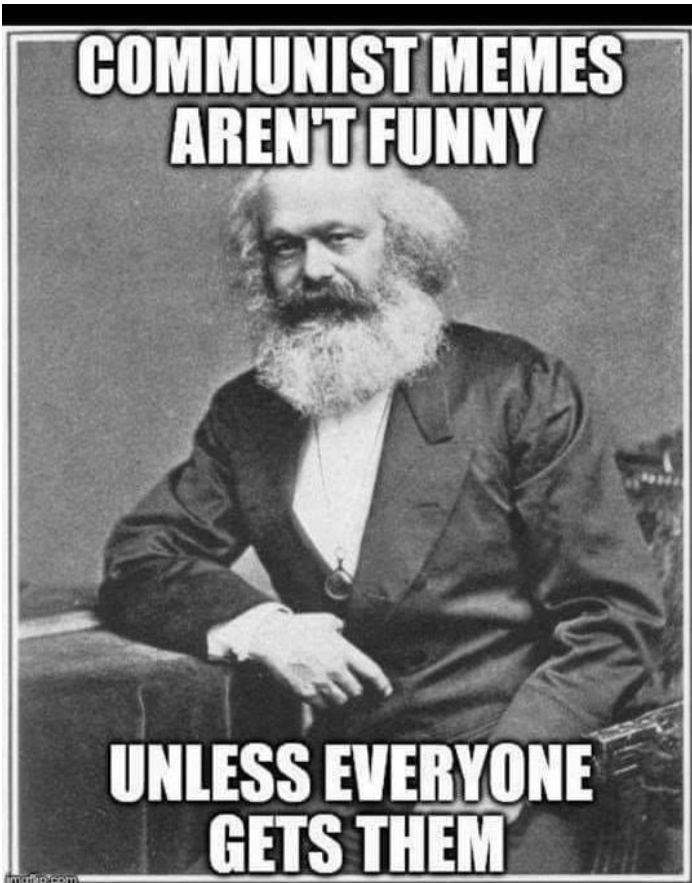
Went to the air & space museum...
...but there was nothing there

Ban pre-shredded cheese...
...make America grate again

I checked into the hokey pokey clinic and I turned myself around

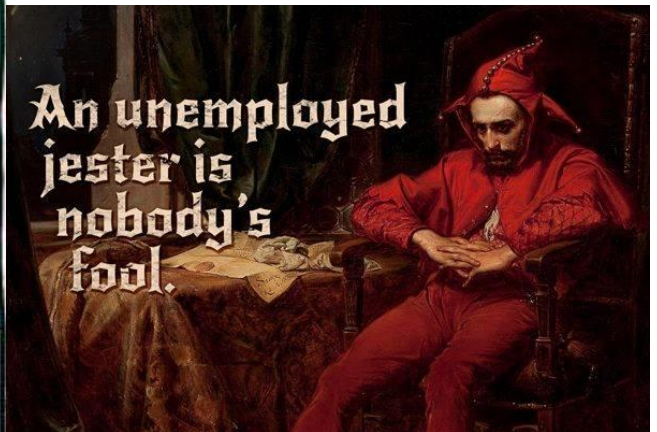
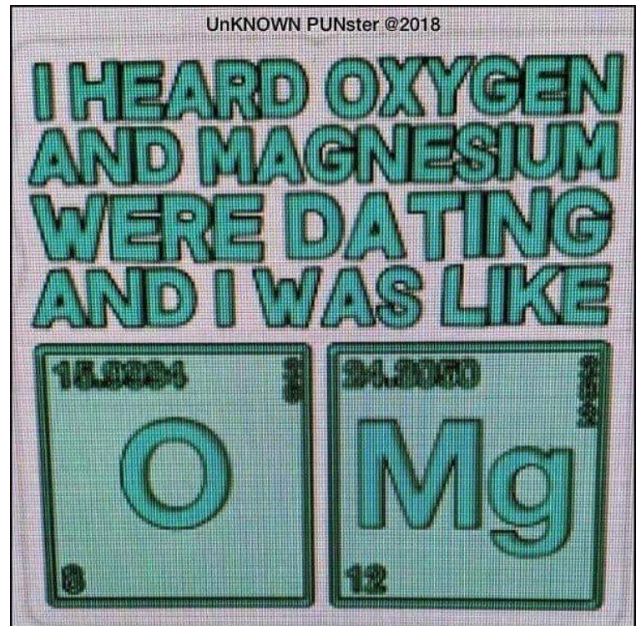
FROG PARKING ONLY
...all others will be toad

I child proofed my house but the kids still get in.

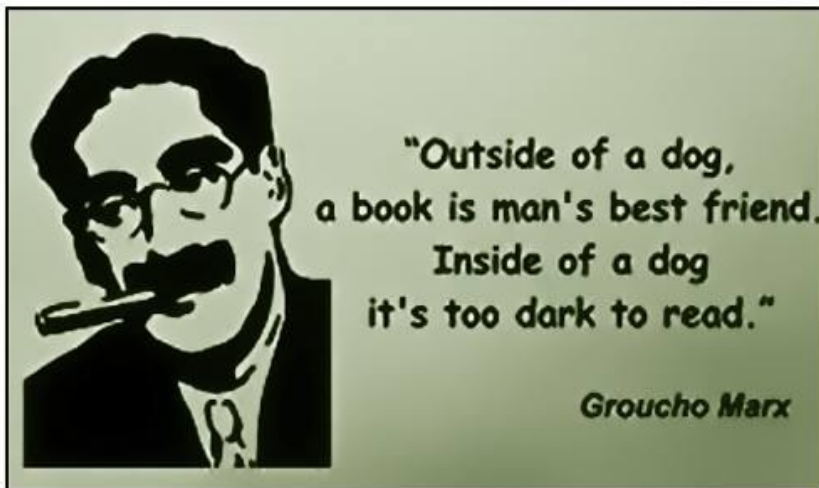


Ohhh communism...

**ACCORDION TO A
RECENT SURVEY,
REPLACING WORDS
WITH THE NAMES OF
MUSICAL INSTRUMENTS
IN A SENTENCE OFTEN
GO UNDETECTED**



I assume they're called hummingbirds because they don't know the lyrics.



The Mountain Bears are a politically and socially active group of local democrats who want to stay informed, encourage voter turnout, and promote Democratic Party values while sponsoring or participating in community activities for the mutual well-being of all the mountain residents.