

Mountain Bears Democratic Club was founded in 2004. We are located in the San Bernardino Mountains of Southern California. We hope to do our part to inform and educate the public and bring newcomers to the party by registering new Democrats. The Democratic Party believes that the American Dream should be within the reach of all people. We welcome and encourage people from all walks of life to join us in discussion and debate regardless of one's political affiliations.

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Our next club meeting will be on Tuesday, January 22nd at 7:00 pm in the Alpine Escrow conference room in Blue Jay.

The Glen Thompson Memorial Scholarship

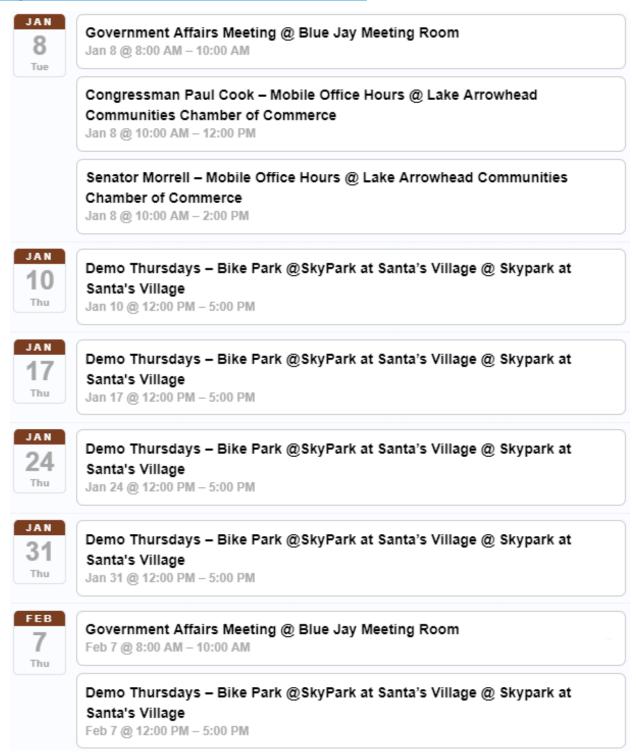
Our student recipient has been working with club officers towards completing her project. Materials have been selected, purchased and delivered to us. When schools meet after the winter holiday, the team will coordinate distribution of the supplies to our local schools.



Community Events

Our Chamber of Commerce Calendar

https://lakearrowheadchamber.com/calendar:



Health Issues

Substance Abuse & Suicides: EPIDEMICS in America

Alcohol and drug abuse are among the leading risk factors for suicide. People with substance use disorders may experience hopelessness and suicidal thoughts, but treatment for addiction has helped people find purpose and happiness in life.

Here is one online resource for information and help if you know someone in need: <u>https://www.drugrehab.com</u>

Here's a webpage for the five day allergy forecast for Lake Arrowhead: https://www.pollen.com/forecast/extended/pollen/92352



Walking is the best possible exercise. Habituate yourself to walk very far. Thomas Jefferson

National Politics



LATIMES.COM Right-wing blowhards are having a tough time with this whole women-in-power thing in Congress

https://www.latimes.com/opinion/op-ed/la-oe-heffernan-ocasio-cortez-andmisogyny-20190104-story.html?fbclid=lwAR1VIUPf_yEMyjXd747-SvSL5h8GJJGv84XKuBwjUR3C2amQcNI2LyuBdfs



ABCNEWS.GO.COM Judge finalizes \$25 million for 'victims of Donald Trump's fraudulent university'

<u>https://abcnews.go.com/US/judge-finalizes-25-million-settlement-victims-donald-trumps/story?id=54347237&fbclid=IwAR2DIHPhD26LJBDMTkltBp7tWyS1NL8zQN3WvQ</u>Vk9fnCkKM7M94XEJYvBEM



House will open 'money-laundering inquiry' into Trump-Russia ties, says key Democrat

https://www.aol.com/article/news/2019/01/04/house-will-open-up-money-laundering-inquiry-intotrump-russia-ties-says-key-democrat/23633933/?fbclid=IwAR2JF6iXFqsNdtK6xcI5GJ2HpTsRJMMhHEwDFlv_2GwGJK5GQeMBUHGylQ



THEHILL.COM

Democrats launch 'drain-the-swamp' agenda

House Democrats on Friday introduced a sweeping government reform...

https://itk.thehill.com/homenews/house/423922-democrats-launch-drain-the-swampagenda?fbclid=IwAR3XLvv2xgBDVWWQuoktyG1XkFqrRfk4RXIs FptilvbWaL77r3JHuihnOk

Democrats reclaim power as Nancy Pelosi elected House speaker

House tests new power by passing bills to end the government shutdown, but legislation is unlikely to break impasse

 Bid to discredit Alexandria Ocasio-Cortez with college dance video backfires



https://www.theguardian.com/us-news/2019/jan/03/democrats-governmentshutdown-congress-legislation

"A great democracy has got to be progressive or it will soon cease to be great or a democracy." — **Theodore Roosevelt**

State Politics



The High Cost of a Scandal | VOICE

As Former San Bernardino County Supervisor Bill Postmus Heads to Prison - Costs of the Colonies Scandal Skyrocke...

http://theievoice.com/the-high-cost-of-a-scandal





Police: Stop resisting the new disclosure law on officer conduct

https://www.latimes.com/opinion/editorials/la-ed-police-disclosure-20181227story.html

Club Needs

• Guest Speaker suggestions

We are always hunting for speakers who can "inform and educate the public and bring newcomers to the party". That's our mission as a Club, after all.

If you know of a speaker or topic that would be of interest to Club members, don't hesitate to suggest it!

Contact Mickey Laws, (760) 567-6159



Fiscal Year (Jan 1 to Dec 31)

You can bring your dues to any meeting or event or you can mail a check or money order to: Mountain Bears Democratic Club, PO Box 3514, Blue Jay, CA 92317.

Annual Dues –

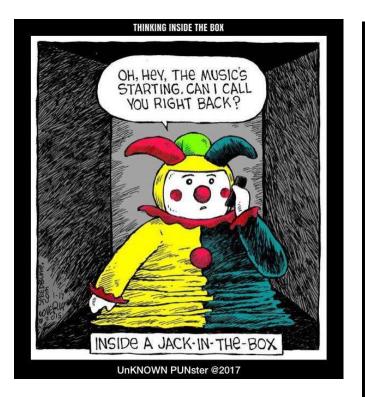
Individual, \$25 Couples, \$40 Students or Seniors (60+), \$15 Couples, \$25

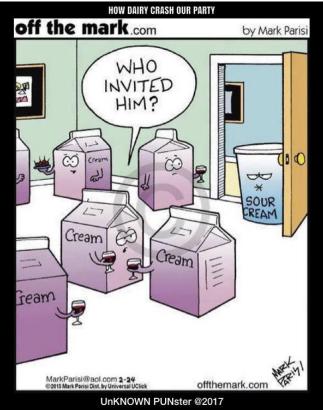


Eleanor Roosevelt Quotes:

- No one can make you feel inferior without your consent.
- The future belongs to those who believe in the beauty of their dreams.
- Great minds discuss ideas; average minds discuss events; small minds discuss people.











They should build the wall with Hillary's emails because no Republican can get over them.

DON'T BE A NOSFERATU ...

BE A YESFERATU



I finally stopped caring what other people think...

...I hope everyone's ok with that.

The Mountain Bears are a politically and socially active group of local democrats who want to stay informed, encourage voter turnout, and promote Democratic Party values while sponsoring or participating in community activities for the mutual well-being of all the mountain residents.